

# Chocolate Mousse With Silky Tofu

Hello everyone, today we bring you a recipe with tofu, but not regular tofu, but silky tofu, perfect for making desserts and egg style scrambled. Let's go to lio

Ingredients:

- 400 gr of [silky tofu](#)
- 400 gr of [dark chocolate](#)
- 1 cda of [coconut oil](#)
- [Agave syrup](#) to taste



Chocolate Mousse

Preparation:

- Melt the chocolate
- Clean the coconut oil and the syrup.
- Add the drained silky tofu and crush at maximum speed
- Meter in the refrigerator and chill

As you see is a recipe super easy to make and super rich, perfect for these hot summer days. I greet everyone and see you in the next